



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

Participant ID

Variable # 1

Sas Name: ID

Sas Label: Participant ID

Type: Continuous

Usage Notes: none

Categories: Study: Administration

F37 Days since randomization/enrollment

Variable # 2

Sas Name: F37DAYS

Sas Label: F37 Days since randomization/enrollment

Type: Continuous

Usage Notes: none

Categories: Study: Administration

F37 To listen to you

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk.

Variable # 3

Sas Name: LISTEN

Sas Label: Someone to listen when need to talk

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

F37 Someone to give you good advice

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to give you good advice about a problem

Variable # 4

Sas Name: GOODADVC

Sas Label: Someone to give good advice

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time



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F37 Someone to take you to the doctor

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it

Variable #    5      Usage Notes: none

Sas Name: TAKEDR

Sas Label: Someone can take to the doctor      Categories:    Psychosocial/Behavioral

Type:          Categorical

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

F37 Someone to have a good time with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with

Variable #    6      Usage Notes: none

Sas Name: GOODTIME

Sas Label: Someone to have a good time with      Categories:    Psychosocial/Behavioral

Type:          Categorical

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

F37 Someone to help you understand problem

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help you understand a problem when you need it

Variable #    7      Usage Notes: none

Sas Name: HLPPROB

Sas Label: Someone to help understand a problem      Categories:    Psychosocial/Behavioral

Type:          Categorical

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time



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F37 Someone to help with daily chores

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick

Variable # 8

Sas Name: HLPCHORS

Sas Label: Someone to help with daily chores

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

F37 Someone to share your private worries

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears

Variable # 9

Sas Name: SHARE

Sas Label: Someone to share private worries/fears

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

F37 Someone to do something fun with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to do something fun with

Variable # 10

Sas Name: FUN

Sas Label: Someone to do something fun with

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

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**F37 Someone to love you**

People sometimes look to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to love you and make you feel wanted

**Variable #** 11**Usage Notes:** none**Sas Name:** LOVE**Sas Label:** Someone to love you/make you feel wanted**Categories:** Psychosocial/Behavioral**Type:** Categorical**Values**

1	None of the time
2	A little of the time
3	Some of the time
4	Most of the time
5	All of the time

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**F37 Live alone**

Who lives with you? (Mark one oval for each item.) I live alone.

**Variable #** 12**Usage Notes:** none**Sas Name:** LIVALN**Sas Label:** Live alone**Categories:** Psychosocial/Behavioral**Type:** Categorical**Values**

0	No
1	Yes

---

**F37 Live with husband or partner**

Who lives with you? (Mark one oval for each item.) I live with my husband or partner.

**Variable #** 13**Usage Notes:** none**Sas Name:** LIVPRT**Sas Label:** Live with husband/partner**Categories:** Psychosocial/Behavioral**Type:** Categorical**Values**

0	No
1	Yes

---

**F37 Live with children**

Who lives with you? (Mark one oval for each item.) I live with my children.

**Variable #** 14**Usage Notes:** none**Sas Name:** LIVCHLD**Sas Label:** Live with children**Categories:** Psychosocial/Behavioral**Type:** Categorical**Values**

0	No
1	Yes

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F37 Live with brother or sister

Who lives with you? (Mark one oval for each item.) I live with my brother and/or sister.

Variable #	15	Usage Notes:	none
Sas Name:	LIVSIBL	Categories:	Psychosocial/Behavioral
Sas Label:	Live with brother/sister		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Live with other relative

Who lives with you? (Mark one oval for each item.) I live with other relatives.

Variable #	16	Usage Notes:	none
Sas Name:	LIVREL	Categories:	Psychosocial/Behavioral
Sas Label:	Live with relatives		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Live with friends

Who lives with you? (Mark one oval for each item.) I live with friends.

Variable #	17	Usage Notes:	none
Sas Name:	LIVFRNDS	Categories:	Psychosocial/Behavioral
Sas Label:	Live with friends		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Others that live with you

Who lives with you? (Mark one oval for each item.) Other

Variable #	18	Usage Notes:	none
Sas Name:	LIVOTH	Categories:	Psychosocial/Behavioral
Sas Label:	Live with other than listed		
Type:	Categorical		
Values			
0	No		
1	Yes		



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F37 Do you have a pet

Do you have a pet?

Variable #	19	Usage Notes:	none
Sas Name:	PET	Categories:	Psychosocial/Behavioral
Sas Label:	Have a pet		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Dog

What kind of pet do you have? (Mark all that apply.) Dog.

Variable #	20	Usage Notes:	Sub-question of F37 V6 Q11 "Do you have a pet".
Sas Name:	DOG	Categories:	Psychosocial/Behavioral
Sas Label:	Dog		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Cat

What kind of pet do you have? (Mark all that apply.) Cat.

Variable #	21	Usage Notes:	Sub-question of F37 V6 Q11 "Do you have a pet".
Sas Name:	CAT	Categories:	Psychosocial/Behavioral
Sas Label:	Cat		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Bird

What kind of pet do you have? (Mark all that apply.) Bird.

Variable #	22	Usage Notes:	Sub-question of F37 V6 Q11 "Do you have a pet".
Sas Name:	BIRD	Categories:	Psychosocial/Behavioral
Sas Label:	Bird		
Type:	Categorical		
Values			
0	No		
1	Yes		



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F37 Fish

What kind of pet do you have? (Mark all that apply.) Fish.

Variable #	23	Usage Notes	Sub-question of F37 V6 Q11 "Do you have a pet".
Sas Name:	FISH	Categories:	Psychosocial/Behavioral
Sas Label:	Fish		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Other Pet

What kind of pet do you have? (Mark all that apply.) Other pet.

Variable #	24	Usage Notes	Sub-question of F37 V6 Q11 "Do you have a pet".
Sas Name:	OTHPET	Categories:	Psychosocial/Behavioral
Sas Label:	Other pet		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 How often gone to church

How often have you gone to a religious service or to church during the past month? (Mark only one oval.)

Variable #	25	Usage Notes	none
Sas Name:	RELGTIME	Categories:	Psychosocial/Behavioral
Sas Label:	Times attend religious service/church		
Type:	Categorical		
Values			
1	Not at all in the past month		
2	Once in the past month		
3	2 or 3 times in the past month		
4	Once a week		
5	2 or 6 times a week		
6	Every day		

F37 Religion strength and comfort

How much does religion give you strength and comfort? (Mark one oval.)

Variable #	26	Usage Notes	none
Sas Name:	RELSTRN	Categories:	Psychosocial/Behavioral
Sas Label:	Religion gives strength and comfort		
Type:	Categorical		
Values			
1	None		
2	A little		
3	A great deal		



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F37 How many meetings

How often have you gone to meetings of clubs, lodges, or parent groups in the last month? (Mark only one oval.)

Variable # 27

Sas Name: CLUB

Sas Label: Attend clubs/lodges/groups last month

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	Not at all in the past month
2	Once in the past month
3	2 or 3 times in the past month
4	Once a week
5	2 or 6 times a week
6	Every day

F37 Helping sick friend

Are you now helping at least one sick, limited, or frail family member or friend on a regular basis?

Variable # 28

Sas Name: HLPSICK

Sas Label: Helping sick family/friend

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes

F37 How often helped sick family/friend

In the past 4 weeks, how often have you helped this friend or family member?

Variable # 29

Sas Name: HLPSICKT

Sas Label: Times helped sick family/friend

Type: Categorical

Usage Notes: Sub-question of F37 V6 Q15 "Helping sick friend".

Categories: Psychosocial/Behavioral

Values	
1	Less than once a week
2	1-2 times a week
3	3-4 times a week
4	5 or more times a week





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F37 Get on your nerves

Of the people who are important to you, how many... Get on your nerves?

Variable # 30

Sas Name: NERVES

Sas Label: Number of people who get on nerves

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	None
2	One
3	Some
4	Most
5	All

F37 Ask too much of you

Of the people who are important to you, how many... Ask too much of you?

Variable # 31

Sas Name: TOOMUCH

Sas Label: Number of people who ask too much

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	None
2	One
3	Some
4	Most
5	All

F37 Do not include you

Of the people who are important to you, how many... Do not include you?

Variable # 32

Sas Name: EXCLUDE

Sas Label: Number of people who exclude you

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	None
2	One
3	Some
4	Most
5	All



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F37 Try to get you to do things

Of the people who are important to you, how many... Try to get you to do things you don't want to?

Variable # 33

Sas Name: COERCE

Sas Label: Number of people who try to coerce

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	None
2	One
3	Some
4	Most
5	All

F37 In unclear times, expect best

In unclear times, I usually expect the best.

Variable # 34

Sas Name: EXPCTBST

Sas Label: Usually expect the best

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 If something can go wrong

If something can go wrong for me, it will.

Variable # 35

Sas Name: WRONG

Sas Label: Expect something that can will go wrong

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree



WHI Baseline Dataset

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**F37 Always hopeful about future**

I'm always hopeful about my future.

**Variable #** 36

**Sas Name:** HOPEFUL

**Sas Label:** Always hopeful about future

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

**Values**

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

---

**F37 Hardly ever expect things to go my way**

I hardly ever expect things to go my way.

**Variable #** 37

**Sas Name:** NOTMYWAY

**Sas Label:** Hardly ever expect things to go my way

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

**Values**

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

---

**F37 Rarely count on good things**

I rarely count on good things happening to me.

**Variable #** 38

**Sas Name:** COUNTGD

**Sas Label:** Rarely count on good things happening

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

**Values**

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

---



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F37 Expect more good things

Overall, I expect more good things to happen to me than bad.

**Variable #** 39

**Sas Name:** MOREGOOD

**Sas Label:** Expect more good things than bad

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 When I am angry, people know

When I am angry, people around me usually know.

**Variable #** 40

**Sas Name:** KNWANGRY

**Sas Label:** Usually people around know when angry

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 People can tell from face

People can tell from my facial expressions how I am feeling.

**Variable #** 41

**Sas Name:** TELLFEEL

**Sas Label:** Tell from facial expressions how feeling

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree



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F37 Always express disappointment

I always express disappointment when things don't go as I'd like them to.

Variable # 42

Sas Name: DISAPPNT

Sas Label: Express disappointment

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 If angry I will "cause scene"

If someone makes me angry in a public place, I will "cause a scene."

Variable # 43

Sas Name: SCENEPUB

Sas Label: If angered, cause scene in public place

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 After I express anger

After I express anger at someone, it bothers me for a long time.

Variable # 44

Sas Name: BOTHER

Sas Label: After anger bothered for a long time

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree



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F37 Try to suppress my anger

I try to suppress my anger, but I would like other people to know how I feel.

Variable # 45

Sas Name: SUPPRESS

Sas Label: Usually suppress anger

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 I worry about expressing neg emotions

I worry that if I express negative emotions such as fear and anger, other people will not approve of me.

Variable # 46

Sas Name: APPRVNEG

Sas Label: Fear others will not approve if negative

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	Strongly disagree
2	Disagree
3	Neutral (In-between)
4	Agree
5	Strongly agree

F37 Often have to take orders

I have often had to take orders from someone who did not know as much as I did.

Variable # 47

Sas Name: ORDERS

Sas Label: Take orders from someone who knew less

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True

F37 People make bad luck

I think a great many people make a lot of their bad luck in order to gain the sympathy and help of others.

Variable # 48

Sas Name: BADLUCK

Sas Label: Think people make bad luck for sympathy

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True



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F37 Takes argument to convince truth

It takes a lot of argument to convince most people of the truth.

Variable # 49

Sas Name: TRUTH

Sas Label: Argue to convince people of truth

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True

F37 People would lie to get ahead

I think most people would lie to get ahead.

Variable # 50

Sas Name: LIE

Sas Label: Most people would lie to get ahead

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True

F37 People are mainly honest due to fear

Most people are honest mainly through fear of being caught.

Variable # 51

Sas Name: HONEST

Sas Label: Most people are honest due to fear

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True

F37 People unfair to profit

Most people will use somewhat unfair means to gain profit or an advantage rather than to lose it

Variable # 52

Sas Name: UNFAIR

Sas Label: Most people are unfair to gain profit

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

0	False
1	True



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F37 No one cares much what happens to you

No one cares much what happens to you.

Variable # 53

Sas Name: NOCARE

Sas Label: No one cares what happens to you

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True

F37 It is safer to trust nobody

It is safer to trust nobody.

Variable # 54

Sas Name: TRUSTNO

Sas Label: Safer to trust nobody

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True

F37 People make friends because useful

Most people make friends because friends are likely to be useful to them.

Variable # 55

Sas Name: FRNDSUSE

Sas Label: Make friends because friends are useful

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True

F37 Do not put themselves out

Most people inwardly do not like putting themselves out to help other people.

Variable # 56

Sas Name: NOHELP

Sas Label: People inwardly don't like to help

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True





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F37 Experts no better than I

I have often met people who were supposed to be experts who were no better than I.

Variable # 57

Sas Name: EXPERTS

Sas Label: Experts often no better than I

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True

F37 People more for own rights

People often demand more respect for their own rights than they are willing to allow for others.

Variable # 58

Sas Name: RESPECT

Sas Label: People demand more respect than give

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True

F37 Bad sexual behavior

A large number of people are guilty of bad sexual behavior.

Variable # 59

Sas Name: BADSEX

Sas Label: People guilty of bad sexual behavior

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	False
1	True



WHI Baseline Dataset

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**F37 Rate quality of life**

Overall, how you would rate your quality of life? (Mark one oval in the box below.)

**Variable #** 60

**Sas Name:** LIFEQUAL

**Sas Label:** Rate quality of life

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

Values	
0	Worst
1	1
2	2
3	3
4	4
5	Halfway
6	6
7	7
8	8
9	9
10	Best

**F37 Satisfied with quality of life**

How satisfied are you with your current quality of life? (Mark one oval in the box below.)

**Variable #** 61

**Sas Name:** SATLIFE

**Sas Label:** Satisfied with quality of life

**Type:** Categorical

**Usage Notes:** none

**Categories:** Psychosocial/Behavioral

Values	
0	Dissatisfied
1	1
2	2
3	3
4	4
5	Halfway
6	6
7	7
8	8
9	9
10	Satisfied



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F37 Rate current sense of well-being

How would you rate your current sense of well-being? (Mark one oval in the box below.)

Variable # 62

Sas Name: WELBEING

Sas Label: Rate current sense of well-being

Type: Categorical

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values	
0	Worst
1	1
2	2
3	3
4	4
5	Halfway
6	6
7	7
8	8
9	9
10	Best

F37 In general, health is

In general, would you say your health is (Mark one oval.)

Variable # 63

Sas Name: GENHEL

Sas Label: In general, health is

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	Excellent
2	Very good
3	Good
4	Fair
5	Poor

F37 Compare health to 1 year ago

Compared to one year ago, how would you rate your health in general now? (Mark one oval.)

Variable # 64

Sas Name: HLTHC1Y

Sas Label: Compare health to 1 year ago

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	Much better now than 1 year ago
2	Somewhat better now than 1 year ago
3	About the same time
4	Somewhat worse now than 1 year ago
5	Much worse than 1 year ago



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F37 Vigorous activities

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Vigorous activities, such as running, lifting heavy objects, or strenuous sports

Variable # 65      Usage Notes: none  
Sas Name: VIGACT  
Sas Label: Vigorous activities      Categories: Physical Activity  
Type: Categorical  
Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all

F37 Moderate activities

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Moderate activities, such as moving a table, vacuuming, bowling, or golfing

Variable # 66      Usage Notes: none  
Sas Name: MODACT  
Sas Label: Moderate activities      Categories: Physical Activity  
Type: Categorical  
Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all

F37 Lifting or carrying groceries

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Lifting or carrying groceries

Variable # 67      Usage Notes: none  
Sas Name: LIFTGROC  
Sas Label: Lifting or carrying groceries      Categories: Physical Activity  
Type: Categorical  
Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all



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F37 Climbing several flights

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing several flights of stairs

Variable # 68

Usage Notes: none

Sas Name: STAIRS

Categories: Physical Activity

Sas Label: Climbing several flights

Type: Categorical

Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all

F37 Climbing one flight of stairs

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing one flight of stairs

Variable # 69

Usage Notes: none

Sas Name: STAIR

Categories: Physical Activity

Sas Label: Climbing one flight of stairs

Type: Categorical

Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all

F37 Bending, kneeling, stooping

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bending, kneeling, stooping

Variable # 70

Usage Notes: none

Sas Name: BENDING

Categories: Physical Activity

Sas Label: Bending, kneeling, stooping

Type: Categorical

Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all



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F37 Walking more than one mile

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking more than a mile

Variable #	71	Usage Notes:	none
Sas Name:	WALK1M	Categories:	Physical Activity
Sas Label:	Walking more than one mile		
Type:	Categorical		
Values			
1	Yes, limited a lot		
2	Yes, limited a little		
3	No, not limited at all		

F37 Walking several blocks

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking several blocks

Variable #	72	Usage Notes:	none
Sas Name:	WALKBLKS	Categories:	Physical Activity
Sas Label:	Walking several blocks		
Type:	Categorical		
Values			
1	Yes, limited a lot		
2	Yes, limited a little		
3	No, not limited at all		

F37 Walking one block

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking one block

Variable #	73	Usage Notes:	none
Sas Name:	WALK1BLK	Categories:	Physical Activity
Sas Label:	Walking one block		
Type:	Categorical		
Values			
1	Yes, limited a lot		
2	Yes, limited a little		
3	No, not limited at all		



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F37 Bathing or dressing yourself

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bathing or dressing yourself

Variable # 74

Sas Name: BATHING

Sas Label: Bathing or dressing yourself

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

1	Yes, limited a lot
2	Yes, limited a little
3	No, not limited at all

F37 Phys or emotional probs interfere

During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, neighbors, friends or groups? (Mark one oval.)

Variable # 75

Sas Name: INTSOC

Sas Label: Phys or emotional probs interfere

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

1	Not at all
2	Slightly
3	Moderately
4	Quite a bit
5	Extremely

F37 How much body pain

During the past four weeks, how much bodily pain have you had? (Mark one oval.)

Variable # 76

Sas Name: BODPAIN

Sas Label: How much body pain

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

0	None
2	Very mild
3	Mild
4	Moderate
5	Severe



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F37 How much did pain interfere

During the past four weeks, how much did pain interfere with your normal work (both outside your home and at home)? (Mark one oval.)

Variable # 77

Sas Name: PAININT

Sas Label: How much did pain interfere

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

1	Not at all
2	A little bit
3	Moderately
4	Quite a bit
5	Extremely

F37 Phys/cut down on time spent

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You cut down on the amount of time you spent on work or other activities

Variable # 78

Sas Name: LESSWRKP

Sas Label: Phys/cut down on time spent

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

0	No
1	Yes

F37 Phys/Accomplished less

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You accomplished less than you would have liked

Variable # 79

Sas Name: LESSACCP

Sas Label: Phys/Accomplished less

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

0	No
1	Yes

F37 Phys/limited kind of work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You were limited in the kind of work or other activities you did

Variable # 80

Sas Name: LESSKNDP

Sas Label: Phys/limited kind of work

Type: Categorical

Usage Notes: none

Categories: Lifestyle  
Medical History

Values

0	No
1	Yes





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F37 Phys/difficulty perform work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You had difficulty performing work or other activities (it took extra effort)

Variable #	81	Usage Notes:	none
Sas Name:	WRKDIFFP	Categories:	Lifestyle Medical History
Sas Label:	Phys/difficulty perform work		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Emot/cut down on time spent

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You cut down on the amount of time spent on work or other activities

Variable #	82	Usage Notes:	none
Sas Name:	LESSWRKE	Categories:	Physical Activity Psychosocial/Behavioral
Sas Label:	Emot/cut down on time spent		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Emot/Accomplished less

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You accomplished less than you would have liked

Variable #	83	Usage Notes:	none
Sas Name:	LESSACCE	Categories:	Physical Activity Psychosocial/Behavioral
Sas Label:	Emot/Accomplished less		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Emot/Worked less careful

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You did work or other things less carefully than usual.

Variable #	84	Usage Notes:	none
Sas Name:	LESSCARE	Categories:	Physical Activity Psychosocial/Behavioral
Sas Label:	Emot/Worked less carefully		
Type:	Categorical		
Values			
0	No		
1	Yes		



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F37 I get sick easier

Of these statements, how true or false is each for you? I seem to get sick a little easier than other people.

Variable # 85

Sas Name: SICKEASY

Sas Label: I get sick easier

Type: Categorical

Usage Notes: none

Categories: Medical History  
Psychosocial/Behavioral

Values

1	Definitely true
2	Mostly true
3	Not sure
4	Mostly false
5	Definitely false

F37 I am as healthy as anybody

Of these statements, how true or false is each for you? I am as healthy as anybody I know.

Variable # 86

Sas Name: HLTHYANY

Sas Label: I am as healthy as anybody

Type: Categorical

Usage Notes: none

Categories: Medical History  
Psychosocial/Behavioral

Values

1	Definitely true
2	Mostly true
3	Not sure
4	Mostly false
5	Definitely false

F37 I expect health to get worse

Of these statements, how true or false is each for you? I expect my health to get worse.

Variable # 87

Sas Name: HLTHWORS

Sas Label: I expect health to get worse

Type: Categorical

Usage Notes: none

Categories: Medical History  
Psychosocial/Behavioral

Values

1	Definitely true
2	Mostly true
3	Not sure
4	Mostly false
5	Definitely false



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F37 My health is excellent

Of these statements, how true or false is each for you? My health is excellent.

Variable # 88

Sas Name: HLTHEXCL

Sas Label: My health is excellent

Type: Categorical

Usage Notes: none

Categories: Medical History  
Psychosocial/Behavioral

Values

1	Definitely true
2	Mostly true
3	Not sure
4	Mostly false
5	Definitely false

F37 Physical or emotional prob

During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends and relatives)?

Variable # 89

Sas Name: INTSOC2

Sas Label: Physical or emotional problem

Type: Categorical

Usage Notes: none

Categories: Medical History  
Psychosocial/Behavioral

Values

1	All of the time
2	Most of the time
3	Some of the time
4	A little bit of the time
5	None of the time

F37 Did you feel full of pep

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel full of pep?

Variable # 90

Sas Name: FULLPEP

Sas Label: Did you feel full of pep

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time



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F37 Have you been a very nervous person

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you been a very nervous person?

Variable # 91

Sas Name: NERVOUS

Sas Label: Have you been a very nervous person

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Felt down in dumps

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt so down in the dumps that nothing could cheer you up?

Variable # 92

Sas Name: DWNDUMPS

Sas Label: Felt down in dumps

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Felt calm and peaceful

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt calm and peaceful?

Variable # 93

Sas Name: CALM

Sas Label: Felt calm and peaceful

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time



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F37 Had lots of energy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you have a lot of energy?

Variable # 94

Sas Name: ENERGY

Sas Label: Had lots of energy

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Felt downhearted and blue

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt downhearted and blue?

Variable # 95

Sas Name: FELTBUE

Sas Label: Felt downhearted and blue

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Did you feel worn out

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel worn out?

Variable # 96

Sas Name: WORNOUT

Sas Label: Did you feel worn out

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time



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F37 Have you been happy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you been happy?

Variable # 97

Sas Name: HAPPY

Sas Label: Have you been happy

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Did you feel tired

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel tired?

Variable # 98

Sas Name: TIRED

Sas Label: Did you feel tired

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
1	All of the time
2	Most of the time
3	A good bit of the time
4	Some of the time
5	A little bit of the time
6	None of the time

F37 Can you eat

Can you eat:

Variable # 99

Sas Name: EAT

Sas Label: Can you eat

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values	
1	Without help (can feed self completely)
2	With some help (help cutting, etc.)
3	Completely unable to feed self



WHI Baseline Dataset

**Form 37 - Thoughts and Feelings**

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**F37 Can you dress and undress**

Can you dress and undress yourself:

**Variable #** 100

**Sas Name:** DRESS

**Sas Label:** Can you dress and undress self

**Type:** Categorical

**Usage Notes:** none

**Categories:** Physical Activity

Values

1	Without help (can pick clothes, dress)
2	With some help
3	Unable to dress and undress self

**F37 Can you get in and out of bed**

Can you get in and out of bed:

**Variable #** 101

**Sas Name:** INOUTBED

**Sas Label:** Can you get in and out of bed

**Type:** Categorical

**Usage Notes:** none

**Categories:** Physical Activity

Values

1	Without any help or aids
2	With some help (from a person or device)
3	Totally dependent to person to lift self

**F37 Can you take a bath or shower**

Can you take a bath or shower:

**Variable #** 102

**Sas Name:** SHOWER

**Sas Label:** Can you take a bath or shower

**Type:** Categorical

**Usage Notes:** none

**Categories:** Physical Activity

Values

1	Without help
2	With some help (help in/out, tub attach)
3	Completely unable to bathe self

**F37 Bloating or gas**

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Bloating or gas

**Variable #** 103

**Sas Name:** BLOATING

**Sas Label:** Bloating or gas

**Type:** Categorical

**Usage Notes:** none

**Categories:** Medical History: Other Disease/Condition

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



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F37 Constipation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Constipation (difficulty having bowel movements)

Variable # 104

Sas Name: CONSTIP

Sas Label: Constipation

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Night sweats

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Night sweats

Variable # 105

Sas Name: NIGHTSWT

Sas Label: Night sweats

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 General aches and pains

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. General aches or pains

Variable # 106

Sas Name: ACHES

Sas Label: General aches and pains

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe





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F37 Breast tenderness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Breast tenderness

Variable # 107

Usage Notes: none

Sas Name: BRSTTEN

Sas Label: Breast tenderness

Type: Categorical

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Hot flashes

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hot flashes

Variable # 108

Usage Notes: none

Sas Name: HOTFLASH

Sas Label: Hot flashes

Type: Categorical

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Diarrhea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Diarrhea

Variable # 109

Usage Notes: none

Sas Name: DIARRHEA

Sas Label: Diarrhea

Type: Categorical

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



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F37 Mood swings

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Mood swings

Variable # 110

Sas Name: MOODSWNG

Sas Label: Mood swings

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Nausea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Nausea

Variable # 111

Sas Name: NAUSEA

Sas Label: Nausea

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Dizziness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Dizziness

Variable # 112

Sas Name: DIZZY

Sas Label: Dizziness

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



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F37 Feeling tired

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Feeling tired

Variable # 113      Usage Notes: none

Sas Name: TIRED2      Categories: Medical History: Other Disease/Condition

Sas Label: Feeling tired

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Forgetfulness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Forgetfulness

Variable # 114      Usage Notes: none

Sas Name: FORGET      Categories: Medical History: Other Disease/Condition

Sas Label: Forgetfulness

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Increased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Increased appetite

Variable # 115      Usage Notes: none

Sas Name: HUNGRY      Categories: Medical History: Other Disease/Condition

Sas Label: Increased appetite

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



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F37 Heart racing or skipping

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Heart racing or skipping beats

Variable # 116

Sas Name: HEARTRAC

Sas Label: Heart racing or skipping beats

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Tremors

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Tremors (shakes)

Variable # 117

Sas Name: TREMORS

Sas Label: Tremors

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Heartburn

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Heartburn

Variable # 118

Sas Name: HEARTBRN

Sas Label: Heartburn

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Restless and fidgety

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Restless or fidgety

Variable # 119      Usage Notes: none

Sas Name: RESTLESS      Categories: Medical History: Other Disease/Condition

Sas Label: Restless and fidgety

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Low back pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Low back pain

Variable # 120      Usage Notes: none

Sas Name: LOWBACKP      Categories: Medical History: Other Disease/Condition

Sas Label: Low back pain

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Neck pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Neck pain

Variable # 121      Usage Notes: none

Sas Name: NECKPAIN      Categories: Medical History: Other Disease/Condition

Sas Label: Neck pain

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Skin dryness or scaling

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Skin dryness or scaling

Variable # 122      Usage Notes: none

Sas Name: SKINDRY      Categories: Medical History: Other Disease/Condition

Sas Label: Skin dryness or scaling

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Headaches or migraines

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Headaches or migraines

Variable # 123      Usage Notes: none

Sas Name: HEADACHE      Categories: Medical History: Other Disease/Condition

Sas Label: Headaches or migraines

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Clumsiness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Clumsiness

Variable # 124      Usage Notes: none

Sas Name: CLUMSY      Categories: Medical History: Other Disease/Condition

Sas Label: Clumsiness

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Trouble with vision

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Any trouble seeing that is uncorrected by lenses

Variable # 125

Sas Name: TRBSEE

Sas Label: Trouble with vision

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Vaginal or genital irritation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital irritation or itching

Variable # 126

Sas Name: VAGITCH

Sas Label: Vaginal or genital irritation

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Difficulty concentrating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Difficulty concentrating

Variable # 127

Sas Name: CONCEN

Sas Label: Difficulty concentrating

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub

File Date: 08/08/2007 Structure: One row per participant

Population: OS participants

F37 Joint pain or stiffness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Joint pain or stiffness

Variable # 128Usage Notes: none

Sas Name: JNTPAINCategories: Medical History: Other Disease/Condition

Sas Label: Joint pain or stiffness

Type: Categorical

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Decreased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Decreased appetite

Variable # 129Usage Notes: none

Sas Name: NOHUNGERCategories: Medical History: Other Disease/Condition

Sas Label: Decreased appetite

Type: Categorical

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Hearing loss

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hearing loss

Variable # 130Usage Notes: none

Sas Name: HEARLOSSCategories: Medical History: Other Disease/Condition

Sas Label: Hearing loss

Type: Categorical

Values	
0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe





Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Swelling of hands or feet

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Swelling of hands or feet

Variable #    131      Usage Notes: none

Sas Name: SWELLHND

Sas Label: Swelling of hands or feet      Categories:    Medical History: Other Disease/Condition

Type:          Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Vaginal or genital dryness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital dryness

Variable #    132      Usage Notes: none

Sas Name: VAGDRY

Sas Label: Vaginal or genital dryness      Categories:    Medical History: Other Disease/Condition

Type:          Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Upset stomach or belly pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Upset stomach or belly pain or discomfort

Variable #    133      Usage Notes: none

Sas Name: UPSTOM

Sas Label: Upset stomach or belly pain      Categories:    Medical History: Other Disease/Condition

Type:          Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Pain/burning while urinating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Pain or burning while urinating

Variable # 134

Usage Notes: none

Sas Name: URINPAIN

Categories: Medical History: Other Disease/Condition

Sas Label: Pain/burning while urinating

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Coughing or wheezing

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Cough or wheezing

Variable # 135

Usage Notes: none

Sas Name: COUGH

Categories: Medical History: Other Disease/Condition

Sas Label: Coughing or wheezing

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe

F37 Vaginal or genital discharge

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital discharge

Variable # 136

Usage Notes: none

Sas Name: VAGDIS

Categories: Medical History: Other Disease/Condition

Sas Label: Vaginal or genital discharge

Type: Categorical

Values

0	Symptom did not occur
1	Symptom was mild
2	Symptom was moderate
3	Symptom was severe



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Feeling nervous, anxious, on edge

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling nervous, anxious, on edge, or worrying a lot about different things

Variable # 137

Sas Name: ANXIOUS

Sas Label: Feeling nervous, anxious, on edge

Type: Categorical

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values

0	Not at all
1	Several days
2	More than half the days

F37 Feeling restless so hard to sit still

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling restless so that it is hard to sit still

Variable # 138

Sas Name: RESTLSIT

Sas Label: Feeling restless so hard to sit still

Type: Categorical

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values

0	Not at all
1	Several days
2	More than half the days

F37 Getting tired very easily

During the last 4 weeks, how often have you been bothered by any of the following problems? Getting tired very easily

Variable # 139

Sas Name: TIREEASY

Sas Label: Getting tired very easily

Type: Categorical

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values

0	Not at all
1	Several days
2	More than half the days

F37 Muscle tension aches or soreness

During the last 4 weeks, how often have you been bothered by any of the following problems? Muscle tension aches or soreness

Variable # 140

Sas Name: MSCLACHE

Sas Label: Muscle tension aches or soreness

Type: Categorical

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values

0	Not at all
1	Several days
2	More than half the days



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Trouble falling asleep or staying asleep

During the last 4 weeks, how often have you been bothered by any of the following problems? Trouble falling asleep or staying asleep

Variable # 141      Usage Notes: Not collected on all versions of Form 37.

Sas Name: STAYSLP

Sas Label: Trouble falling asleep or staying asleep      Categories: Lifestyle: Sleep  
Psychosocial/Behavioral

Type: Categorical

Values

0	Not at all
1	Several days
2	More than half the days

F37 Trouble concentrating on things, reading

During the last 4 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading a book or watching TV

Variable # 142      Usage Notes: Not collected on all versions of Form 37.

Sas Name: NOCONCEN

Sas Label: Trouble concentrating on things, reading      Categories: Psychosocial/Behavioral

Type: Categorical

Values

0	Not at all
1	Several days
2	More than half the days

F37 Becoming easily annoyed or irritable

During the last 4 weeks, how often have you been bothered by any of the following problems? Becoming easily annoyed or irritable

Variable # 143      Usage Notes: Not collected on all versions of Form 37.

Sas Name: ANNOYED

Sas Label: Becoming easily annoyed or irritable      Categories: Psychosocial/Behavioral

Type: Categorical

Values

0	Not at all
1	Several days
2	More than half the days

F37 Having an anxiety attack -- feel fear or panic

During the last 4 weeks, how often have you been bothered by any of the following problems? Having an anxiety attack - suddenly feeling fear or panic

Variable # 144      Usage Notes: Not collected on all versions of Form 37.

Sas Name: PANIC

Sas Label: Having an anxiety attack -- feel fear or panic      Categories: Psychosocial/Behavioral

Type: Categorical

Values

0	Not at all
1	Several days
2	More than half the days



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Did your spouse die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner die?

Variable # 145

Sas Name: SPOUSDIE

Sas Label: Did your spouse die

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Did your spouse have a serious illness

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner have a serious illness?

Variable # 146

Sas Name: SPOUSILL

Sas Label: Did your spouse have a serious illness

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Did a close friend die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Over the past year: Did a close friend or family member die or have a serious illness (other than your spouse or partner)?

Variable # 147

Sas Name: FRIENDIE

Sas Label: Did a close friend die

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much



Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Major problems with money

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have any major problems with money?

Variable # 148

Sas Name: MONPROB

Sas Label: Major problems with money

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Have a divorce or break-up

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a divorce or break-up with a spouse or partner?

Variable # 149

Sas Name: DIVORCE

Sas Label: Have a divorce or break-up

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Close friend had a divorce

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend have a divorce or break-up?

Variable # 150

Sas Name: FRNDIV

Sas Label: Close friend had a divorce

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much



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Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 Major conflict with children

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a major conflict with children or grandchildren?

Variable # 151

Sas Name: CHILCON

Sas Label: Major conflict with children

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Major accident or disaster

Below are some hard things that sometimes happen to people. Pls try to think back over the past yr to remember if any of these things happened. Over the past year: Did you have any major accidents,disasters, muggings, unwanted sexual experiences, robberies or similar events?

Variable # 152

Sas Name: MAJACC

Sas Label: Major accident or disaster

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Close friend lost job

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend lose their job or retire?

Variable # 153

Sas Name: FRNJOB

Sas Label: Close friend lost job

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values	
0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much



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Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 You were physically abused

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Were you physically abused by being hit, slapped, pushed, shoved, punched or threatened with a weapon by a family member or close friend?

Variable #    154

Sas Name:    PHYAB

Sas Label:    You were physically abused

Type:        Categorical

Usage Notes: none

Categories:    Psychosocial/Behavioral

Values

0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 You were verbally abused

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: . Were you verbally abused by being made fun of, severely criticized, told you were a stupid or worthless person, or threatened with harm to yourself, your possessions, or your pets, by a family member or close friend?

Variable #    155

Sas Name:    VERBAB

Sas Label:    You were verbally abused

Type:        Categorical

Usage Notes: none

Categories:    Psychosocial/Behavioral

Values

0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much

F37 Did a pet die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a pet die?

Variable #    156

Sas Name:    PETDIE

Sas Label:    Did a pet die

Type:        Categorical

Usage Notes: none

Categories:    Psychosocial/Behavioral

Values

0	No
1	Yes and upset me: Not too much
2	Yes and upset me: Moderately
3	Yes and upset me: Very much





Form 37 - Thoughts and Feelings

Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 You felt depressed

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt depressed (blue or down)

Variable # 157

Usage Notes: none

Sas Name: FELTDEP

Sas Label: You felt depressed

Type: Categorical

Categories: Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time

F37 Your sleep was restless

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. Your sleep was restless

Variable # 158

Usage Notes: none

Sas Name: RESTSLP

Sas Label: Your sleep was restless

Type: Categorical

Categories: Lifestyle: Sleep  
Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time

F37 You enjoyed life

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You enjoyed life

Variable # 159

Usage Notes: none

Sas Name: ENJLIF

Sas Label: You enjoyed life

Type: Categorical

Categories: Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time



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Data File: f37\_os\_pub      File Date: 08/08/2007      Structure: One row per participant      Population: OS participants

F37 You had crying spells

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You had crying spells

Variable # 160

Usage Notes: none

Sas Name: CRYSPELL

Sas Label: You had crying spells

Type: Categorical

Categories: Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time

F37 You felt sad

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt sad

Variable # 161

Usage Notes: none

Sas Name: FELTSAD

Sas Label: You felt sad

Type: Categorical

Categories: Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time

F37 You felt people dislikeded you

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt that people dislikeded you

Variable # 162

Usage Notes: none

Sas Name: PEOPDIS

Sas Label: You felt people dislikeded you

Type: Categorical

Categories: Psychosocial/Behavioral

Values	
0	Rarely or none of the time
1	Some or a little of the time
2	Occasionally or a moderate amount
3	Most or all of the time



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Data File: f37\_os\_pub

File Date: 08/08/2007 Structure: One row per participant

Population: OS participants

F37 Felt sad for two weeks

In the past year, have you had two weeks or more during which you felt sad, blue, or depressed, or lost pleasure in things that you usually cared about or enjoyed?

Variable #	163	Usage Notes:	none
Sas Name:	SAD2WK	Categories:	Psychosocial/Behavioral
Sas Label:	Felt sad for two weeks		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Felt sad two or more years

Have you had two years or more in your life when you felt depressed or sad on most days, even if you felt okay sometimes?

Variable #	164	Usage Notes:	none
Sas Name:	SAD2YRS	Categories:	Psychosocial/Behavioral
Sas Label:	Felt sad two or more years		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Felt sad much of past year

Have you felt depressed or sad much of the time in the past year?

Variable #	165	Usage Notes:	Sub-question of F37 V6 Q110 "Felt sad two or more years". Not collected on all versions of Form 37.
Sas Name:	SADMUCH	Categories:	Psychosocial/Behavioral
Sas Label:	Felt sad much of past year		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 take medication for sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you take any kind of medication or alcohol at bedtime to help you sleep?

Variable #	166	Usage Notes:	none
Sas Name:	MEDSLEEP	Categories:	Lifestyle: Sleep
Sas Label:	take medication for sleep		
Type:	Categorical		
Values			
1	No, not in past 4 weeks		
2	Yes, less than once a week		
3	Yes 1 or 2 times a week		
4	Yes, 3 or 4 times a week		
5	Yes, 5 or more times a week		



Form 37 - Thoughts and Feelings

F37 fall asleep during quiet activity

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you fall asleep during quiet activities like reading, watching TV, or riding in a car?

Variable #    167

Sas Name:    FALLSLP

Sas Label:    fall asleep during quiet activ

Type:        Categorical

Usage Notes: none

Categories:    Lifestyle: Sleep

Values

1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week

F37 Did you nap during the day

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you nap during the day?

Variable #    168

Sas Name:    NAP

Sas Label:    Did you nap during the day

Type:        Categorical

Usage Notes: none

Categories:    Lifestyle: Sleep

Values

1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week

F37 Did you have trouble sleeping

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble falling asleep?

Variable #    169

Sas Name:    TRBSLEEP

Sas Label:    Did you have trouble sleeping

Type:        Categorical

Usage Notes: none

Categories:    Lifestyle: Sleep

Values

1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week



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F37 Did you wake up several times

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up several times at night?

Variable # 170

Usage Notes: none

Sas Name: WAKENGHT

Sas Label: Did you wake up several times

Type: Categorical

Categories: Lifestyle: Sleep

Values	
1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week

F37 wake up earlier than planned

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up earlier than you planned

Variable # 171

Usage Notes: none

Sas Name: UPEARLY

Sas Label: wake up earlier than planned

Type: Categorical

Categories: Lifestyle: Sleep

Values	
1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week

F37 trouble getting back to sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble getting back to sleep after you woke up too early?

Variable # 172

Usage Notes: none

Sas Name: BACKSLP

Sas Label: trouble getting back to sleep

Type: Categorical

Categories: Lifestyle: Sleep

Values	
1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week



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F37 Did you snore

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you snore?

Variable # 173

Sas Name: SNORE

Sas Label: Did you snore

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sleep

Values	
1	No, not in past 4 weeks
2	Yes, less than once a week
3	Yes 1 or 2 times a week
4	Yes, 3 or 4 times a week
5	Yes, 5 or more times a week
9	Don't know

F37 Typical nights sleep

Overall, was your typical night's sleep during the past 4 weeks:

Variable # 174

Sas Name: QUALSLP

Sas Label: Typical night's sleep

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sleep

Values	
1	Very restless
2	Restless
3	Average quality
4	Sound or restful
5	Very sound or restful

F37 How many hours of sleep

About how many hours of sleep did you get on a typical night during the past 4 weeks?

Variable # 175

Sas Name: HRSSLP

Sas Label: How many hours of sleep

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sleep

Values	
1	5 or less hours
2	6 hours
3	7 hours
4	8 hours
5	9 hours
6	10 or more hours



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F37 Ever leaked urine

Have you ever leaked even a very small amount of urine involuntarily and you couldn't control it?

Variable #	176	Usage Notes:	none
Sas Name:	INCONT	Categories:	Medical History: Incontinence
Sas Label:	Ever leaked urine		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 How often leaked urine

How often does this leaking urine occur? (Mark one oval.)

Variable #	177	Usage Notes:	Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied). Not collected on all versions of Form 37.
Sas Name:	FRQINCON	Categories:	Medical History: Incontinence
Sas Label:	How often leaked urine		
Type:	Categorical		
Values			
1	Not once during past year		
2	Less than once a month		
3	More than once a month		
4	One or more times a week		
5	Daily		

F37 No longer leak urine

When do you usually leak urine? (Mark all that apply.) No longer leak urine

Variable #	178	Usage Notes:	Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied). Not collected on all versions of Form 37.
Sas Name:	NOINCON	Categories:	Medical History: Incontinence
Sas Label:	No longer leak urine		
Type:	Categorical		
Values			
0	No		
1	Yes		

F37 Leak urine when cough, laugh

When do you usually leak urine? (Mark all that apply.) When I cough, laugh, sneeze, lift, stand up. Or exercise

Variable #	179	Usage Notes:	Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied). Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied). Not collected on all versions of Form 37.
Sas Name:	CGHINCON	Categories:	Medical History: Incontinence
Sas Label:	Leak urine when cough, laugh		
Type:	Categorical		
Values			
0	No		
1	Yes		

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**F37 Leak when can't get to toilet**

When do you usually leak urine? (Mark all that apply.) When I feel the need to urinate and can't get to a toilet fast enough

**Variable #** 180**Sas Name:** TOINCON**Sas Label:** Leak when can't get to toilet**Type:** Categorical**Values**

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.**Categories:** Medical History: Incontinence

---

**F37 Leak when I am sleeping**

When do you usually leak urine? (Mark all that apply.) When I sleep

**Variable #** 181**Sas Name:** SLPINCON**Sas Label:** Leak when I am sleeping**Type:** Categorical**Values**

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.**Categories:** Medical History: Incontinence

---

**F37 When leak urine, Other**

When do you usually leak urine? (Mark all that apply.) Other

**Variable #** 182**Sas Name:** OTHINCON**Sas Label:** When leak urine, Other**Type:** Categorical**Values**

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.**Categories:** Medical History: Incontinence

---

**F37 How much urine do you lose**

How much urine do you usually lose when it leaks? (Mark one oval.)

**Variable #** 183**Sas Name:** LEAKAMT**Sas Label:** How much urine do you lose**Type:** Categorical**Values**

1	None
2	Barely noticeable on underpants
3	Soaked underpants
4	Soaked through to outer clothing

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.**Categories:** Medical History: Incontinence

---





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**F37 Leak Protect/No protection**

What protection do you wear in case you leak urine? (Mark all that apply.) None

Variable # 184

Sas Name: NOPRTCT

Sas Label: Leak Protect/No protection

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 Leak Protect/Mini-pad, tissue**

What protection do you wear in case you leak urine? (Mark all that apply.) Mini-pad, tissue or towel

Variable # 185

Sas Name: MINIPAD

Sas Label: Leak Protect/Mini-pad, tissue

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 Leak Protection/Menstrual pad**

What protection do you wear in case you leak urine? (Mark all that apply.) Menstrual pad or shield

Variable # 186

Sas Name: MENSPAD

Sas Label: Leak Protection/Menstrual pad

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 Leak protect/Diaper, Attends**

What protection do you wear in case you leak urine? (Mark all that apply.) Diaper, towel, Attends, Depends

Variable # 187

Sas Name: DIAPER

Sas Label: Leak protect/Diaper, Attends

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence



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**F37 Leaking urine protection other**

What protection do you wear in case you leak urine? (Mark all that apply.) Other

Variable # 188

Sas Name: OTHPRTCT

Sas Label: Leaking urine protection, Other

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 leak limit activities**

How often does the leakage of urine limit your daily activities? (Mark one oval.)

Variable # 189

Sas Name: INCONLMT

Sas Label: leak limit activities

Type: Categorical

## Values

1	Never
2	Almost never
3	Sometimes
4	Fairly often
5	Very often

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 How much does leakage bother you**

How much does the leakage of urine bother or disturb you? (Mark one oval.)

Variable # 190

Sas Name: INCONDIS

Sas Label: How much does leakage bother

Type: Categorical

## Values

1	Not at all disturbing
2	A little disturbing
3	Somewhat disturbing
4	Very disturbing
5	Extremely disturbing

**Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

**Categories:** Medical History: Incontinence**F37 Currently married or intimate**

Are you currently married or in an intimate relationship with at least one person?

Variable # 191

Sas Name: MARRIED

Sas Label: Currently married or intimate

Type: Categorical

## Values

0	No
1	Yes

**Usage Notes:** none**Categories:** Lifestyle: Sexual Activity



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F37 Sexual activity in last year

Did you have any sexual activity with a partner in the last year?

Variable # 192

Sas Name: SEXACTIV

Sas Label: Sexual activity in last year

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values	
0	No
1	Yes
9	Don't want to answer

F37 How satisfied sexually

How satisfied are you with your current sexual activities, either with a partner or alone? (Mark one oval.)

Variable # 193

Sas Name: SATSEX

Sas Label: How satisfied sexually

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values	
1	Very unsatisfied
2	A little unsatisfied
3	Somewhat satisfied
4	Very satisfied
9	Don't want to answer

F37 Satisfied with sex frequency

Are you satisfied with the frequency of your sexual activity, or would you like to have sex more or less often? (Mark one oval.)

Variable # 194

Sas Name: SATFRQSX

Sas Label: Satisfied with sex frequency

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values	
1	Less often
2	Satisfied with current frequency
3	More often
9	Don't want to answer

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**F37 Sexual activity affects health**

Are you worried that sexual activities will affect your health?

**Variable #** 195**Usage Notes:** none**Sas Name:** SEXWORRY**Categories:** Lifestyle: Sexual Activity**Sas Label:** Sexual activity affect healh**Type:** Categorical**Values**

1	Not at all worried
2	A little worried
3	Somewhat worried
4	Very worried
9	Don't want to answer

---

**F37 Who you have had sex with**

Regardless of whether you are currently sexually active, which response best describes who you have had sex with over your adult lifetime?

**Variable #** 196**Usage Notes:** none**Sas Name:** SEX**Categories:** Lifestyle: Sexual Activity**Sas Label:** Who you have had sex with**Type:** Categorical**Values**

1	Have never had sex
2	Sex with a woman or with women
3	Sex with a man or with men
4	Sex with both men and women
9	Prefer not to answer

---

**F37 Who had sex with after 45**

Which response best describes who you have had sex with after 45 years of age?

**Variable #** 197**Usage Notes:** Sub-question of F37 V6 Q133 "Who you have had sex with" (skip pattern rule not applied).  
Not collected on all versions of Form 37.**Sas Name:** SEX45**Categories:** Lifestyle: Sexual Activity**Sas Label:** Description of adult sexual orientation**Type:** Categorical**Values**

0	Never had sex
1	Sex with a women or with women
2	Sex with a man or with men
3	Sex with both men and women

---

**Activities of daily living construct**

Computed from Forms 36/37, questions 85-88. Source: WHI BAC. Four items describing basic activities (whether can eat, dress, get in and out of bed, and take a bath) each of which has three possible values (1=without help, 2=some help, 3=completely unable) are summed. A lower score indicates greater ability to cope with daily living activities. Missing if any of the four items are missing.

**Variable #** 198**Usage Notes:** none**Sas Name:** ACTDLY**Categories:** Computed Variables**Sas Label:** Activities of Daily Living Construct**Type:** Continuous

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**Ambivalence over emotional expressiveness**

Computed from Form 36/37, questions 30, 31 and 32. Reference: King L, Emmons R (1990). Average of three components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the three components is missing.

**Variable #** 199**Usage Notes:** none**Sas Name:** AMBEMOT**Categories:** Computed Variables**Sas Label:** Ambivalence over Emotional Expressiveness**Type:** Continuous

---

**Care giving construct #1 (0,1 scoring)**

Computed from Form 36/37, question 15. Source: Cardiovascular Health Study. CAREGIV1 is an indicator of whether the participant is currently helping a sick, limited or frail family member on a regular basis. (See also CAREGIV2.)

**Variable #** 200**Usage Notes:** none**Sas Name:** CAREGIV1**Categories:** Computed Variables**Sas Label:** Care Giving Construct #1 (0,1 scoring)**Type:** Categorical**Values**

0	No
1	Yes

---

**Care giving construct #2 (0-5+ scoring)**

Computed from Form 36/37, question 15 and 15.1. Source: Cardiovascular Health Study. CAREGIV2 combines questions 15 and 15.1 to give the number of times per week a participant currently helps a friend or family member. (See also CAREGIV1.)

**Variable #** 201**Usage Notes:** none**Sas Name:** CAREGIV2**Categories:** Computed Variables**Sas Label:** Care Giving Construct #2 (0-5+ scoring)**Type:** Categorical**Values**

0	No
1	Less than once a week
2	1-2 times a week
3	3-4 times a week
4	5 or more times a week

---

**Role limitations due to emotional problems**

Computed from Form 36/37, questions 68, 69, and 70. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to emotional problems. EMOLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

**Variable #** 202**Usage Notes:** none**Sas Name:** EMOLIMIT**Categories:** Computed Variables**Sas Label:** Role Limitations Due to Emotional Problem**Type:** Continuous

---



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Emotional well-being

Computed from Form 36/37, questions 77, 78, 79, 81, and 83. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on emotional well-being. EMOWELL ranges from 0 to 100 with a higher score indicating a more favorable health state.

<b>Variable #</b>	203	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	EMOWELL	<b>Categories:</b>	Computed Variables
<b>Sas Label:</b>	Emotional Well-being		
<b>Type:</b>	Continuous		

Energy/fatigue

Computed from Form 36/37, questions 76, 80, 82, and 84. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on energy/fatigue. ENERFAT ranges from 0 to 100 with a higher score indicating a more favorable health state.

<b>Variable #</b>	204	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	ENERFAT	<b>Categories:</b>	Computed Variables
<b>Sas Label:</b>	Energy/Fatigue		
<b>Type:</b>	Continuous		

Hostility construct

Computed from Form 36/37, questions 33-45. Source: Cynicism Subscale of Cooke-Medley Questionnaire. Sum of thirteen True/False items resulting in a possible range from 0 to 13 where a higher score indicates greater hostility. Missing if any of the thirteen items are missing.

<b>Variable #</b>	205	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	HOSTIL	<b>Categories:</b>	Computed Variables
<b>Sas Label:</b>	Hostility Construct		
<b>Type:</b>	Continuous		

General health construct

Computed from Form 36/37, questions 49, 71, 72, 73, and 74. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on general health. GENHLTH ranges from 0 to 100 with a higher score indicating a more favorable health state.

<b>Variable #</b>	206	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	GENHLTH	<b>Categories:</b>	Computed Variables
<b>Sas Label:</b>	General Health Construct		
<b>Type:</b>	Continuous		

Life event construct #1 (0,1 scoring)

Computed from Form 36/37, questions 91, and 93-102. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. The eleven items are recoded, setting original responses from 1-3 equal to 1, and then summed. The construct has a range from 0 to 11 with a higher score indicating a greater number of life events. Missing if any of the eleven items are missing.

<b>Variable #</b>	207	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	LFEVENT1	<b>Categories:</b>	Computed Variables
<b>Sas Label:</b>	Life Event Construct #1 (0,1 scoring)		
<b>Type:</b>	Continuous		

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**Life event construct #2 (0-3 scoring)**

Computed from Form 36/37, question questions 91, and 93-102. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. This construct is a sum of the eleven items that are coded from 0-3 resulting in a range from 0 to 33 with a higher score indicating a greater number of life events. If any of the eleven items are missing, LFEVENT2 is set to missing.

**Variable #** 208**Usage Notes:** none**Sas Name:** LFEVENT2**Categories:** Computed Variables**Sas Label:** Life Event Construct #2 (0-3 scoring)**Type:** Continuous

---

**Living alone**

Computed from Form 36/37, questions 10.1-10.7. Indicator of whether the participant lives alone.

**Variable #** 209**Usage Notes:** none**Sas Name:** LIVALOR**Categories:** Computed Variables**Sas Label:** Living Alone**Type:** Categorical**Values**

0	No
1	Yes

1	Yes
---	-----

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**Negative emotional expressiveness (NEE)**

Computed from Form 36/37, questions 26-29. Reference: King L, Emmons R (1990). Average of four components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the four components is missing.

**Variable #** 210**Usage Notes:** none**Sas Name:** NEGEMOT**Categories:** Computed Variables**Sas Label:** Negative Emotional Expressiveness (NEE)**Type:** Continuous

---

**Optimism construct**

Computed from Form 36/37, questions 20-25. Source: Life Orientation Test-Revised (LOT-R). Sum of six components coded from 1=strongly disagree to 5=strongly agree. Questions 21, 23 and 24 are reverse coded before summing. The summary score ranges from 6 to 30 where a higher score indicates greater optimism. Missing if any of the six components is missing.

**Variable #** 211**Usage Notes:** none**Sas Name:** OPTIMISM**Categories:** Computed Variables**Sas Label:** Optimism Construct**Type:** Continuous

---

**Pain construct**

Computed from Form 36/37, questions 62 and 63. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on pain. PAIN ranges from 0 to 100 with a higher score indicating a more favorable health state.

**Variable #** 212**Usage Notes:** none**Sas Name:** PAIN**Categories:** Computed Variables**Sas Label:** Pain Construct**Type:** Continuous

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Role limitations due to physical health

Computed from Form 36/37, questions 64-67. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to physical health. PHYLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable #    213      Usage Notes: none  
Sas Name: PHYLIMIT  
Sas Label: Role Limitations Due to Physical Health      Categories:    Computed Variables  
Type:        Continuous

Physical functioning construct

Computed from Form 36/37, questions 51-60. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on physical functioning. PHYSFUN ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable #    214      Usage Notes: none  
Sas Name: PHYSFUN  
Sas Label: Physical Functioning Construct      Categories:    Computed Variables  
Type:        Continuous

Shortened CES-D/DIS screening instrument

Computed from Form 36/37, questions 103-108, 109, and 110. Source: Center for Epidemiological Studies; depression scale (CES-D, short form). PSHTDEP ranges from 0 to 1 with a higher score indicating a greater likelihood of depression. Cutoff values of .06 and .009 have been used to indicate depression.

Variable #    215      Usage Notes: none  
Sas Name: PSHTDEP  
Sas Label: Shortened CES-D/DIS Screening Instrument      Categories:    Computed Variables  
Type:        Continuous

Sleep disturbance construct

Computed from Form 36/37, questions 114-117 and 119. Sum of five components. Questions 106-109 range from 1-5 and question 111 is recoded and reverse coded resulting in a range from 0-4 before summing. The summary score ranges from 0 to 20 where a higher score indicates greater sleep disturbance. Missing if any of the five components is missing.

Variable #    216      Usage Notes: none  
Sas Name: SLPDSTRB  
Sas Label: Sleep Disturbance Construct      Categories:    Computed Variables  
Type:        Continuous

Social functioning

Computed from Form 36/37, questions 61 and 75. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on social functioning. SOCFUNC ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable #    217      Usage Notes: none  
Sas Name: SOCFUNC  
Sas Label: Social Functioning      Categories:    Computed Variables  
Type:        Continuous





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Social strain construct

Computed from Form 36/37, questions 16-19. Source: Antonucci TA, Kahn RC, Akiyama H (1989). Scale measuring negative aspects of social relations. Sum of four components coded from 1=none to 5=all. The summary score ranges from 4 to 20 where a higher score indicates more social strain. Missing if any of the four components is missing.

Variable #	218	Usage Notes:	none
Sas Name:	SOCSTRN	Categories:	Computed Variables
Sas Label:	Social Strain Construct		
Type:	Continuous		

---

Social support construct

Computed from Form 36/37, questions 1-9. Source: Medical Outcomes Study. Sum of nine components coded from 1=none of the time to 5=all of the time. The summary score ranges from 9 to 45 where a higher score indicates more social support. Missing if any of the nine components is missing.

Variable #	219	Usage Notes:	none
Sas Name:	SOCSUPP	Categories:	Computed Variables
Sas Label:	Social Support Construct		
Type:	Continuous		

---

Symptom construct

Computed from Form 36/37, questions 89.1-89.34. Source: PEPI, national and other surveys. Average of 34 items measuring occurrence and severity of symptoms. The summary score ranges from 0 to 3 where a higher score indicates more numerous and/or more severe symptoms. Missing if any of the 34 items is missing.

Variable #	220	Usage Notes:	none
Sas Name:	SYMPTOM	Categories:	Computed Variables
Sas Label:	Symptom Construct		
Type:	Continuous		

---